



**The Lord is my strength and my defense;  
He has become my salvation.**

**Exodus 15:2** (NIV)

# The Strong Man

## Judges 13 — 16

“Your son will start saving Israel from the Philistines,” said the angel.

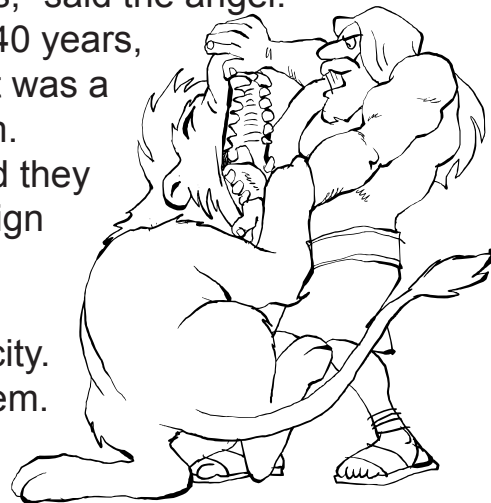
The people of Israel were disobeying God and for 40 years, the Philistines were attacking and controlling them. It was a sad time for Israel, but God did not forget about them.

The angel gave Samson's parents instructions, and they dedicated him to God. They never cut his hair as a sign of his dedication to God.

God gave Samson amazing strength. One time, he lifted an entire gate and carried it away to escape a city. He fought against the Philistines and always beat them. Another time, a lion attacked him, but Samson killed it with his bare hands. Even though his strength came from God, Samson did not obey God. He kept breaking God's rules.

An evil woman named Delilah begged Samson to tell her how he got so strong. Samson finally said it was his long hair. While Samson was sleeping, Delilah had someone cut his hair so all his strength left and his enemies captured him. They blinded him and made him work like an animal.

One day, a big group of Philistines brought Samson out to make fun of him at a temple. Samson asked God for strength one more time. As Samson put his hands on the pillars, God gave him strength. He pushed the pillars and the building came crashing down on him and his enemies. It was a sad ending to someone God wanted to use for good.

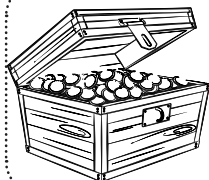


## What did we discover?

- 1) Why was Samson special? \_\_\_\_\_  
HE WAS A GIANT HE WAS DEDICATED TO GOD
- 2) What was the gift that God gave to Samson? \_\_\_\_\_  
LONG HAIR AMAZING STRENGTH BIG FEET
- 3) Samson was \_\_\_\_\_ to God.  
FAITHFUL KIND DISOBEDIENT
- 4) At the end, \_\_\_\_\_ heard Samson's prayer and gave him strength again  
GOD NO ONE HIS MOTHER



## Do I trust in myself or in God's power?



**All my strength  
comes from God.**

I remember that  
true strength is from God  
and not from me.



**Father God,  
You are my true  
strength.**

