

## **How to Pray**

Matthew 6:9-13; Luke 11:2-4

"Teacher, please teach us how to pray." asked the disiciples.

So, Jesus taught them a model for prayer:

First, we should focus on how God is our Father in Heaven and He is holy.

Secondly, we state that God's kingdom and what He wants will be done in this world just like it happens in Heaven.

Thirdly, it's good to ask God for the necessary things of life, like the food we need for each day.

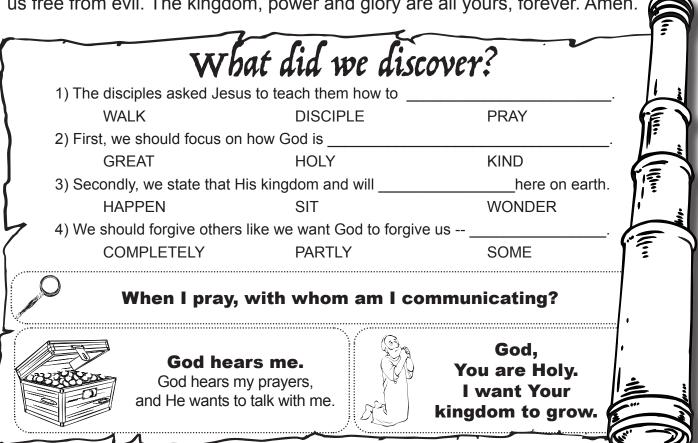
We should forgive other people for the wrong things they have done to us and ask God to forgive us like we forgive others--which should be full, complete forgiveness.

Then, we should ask God to protect us from temptations and from all evil.

We finish praying by remembering that all honor, power and glory are for God. It's common to end a prayer with the word, "Amen." which means, "Let it be so." or "I agree with that! Do it!"

In the Bible we find the prayer Jesus taught like this:

Our Father, in Heaven, Your name is holy. Let Your kingdom and what You want happen here just like it does in Heaven. Don't lead us into temptations, but set us free from evil. The kingdom, power and glory are all yours, forever. Amen.



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